

Dunkirk Primary

Week 1 2018

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all Schools.

 = Vegetarian



Date: 5th November, 3rd December, 14th January, 11th February, 18th March



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Chilli  Tomato & Basil Pasta	Salmon Fish Finger  Vegetable Lasagne	Roast Beef & Gravy  Quorn Roast & Gravy	Hot Dog  Veggie Hot Dog	Meatballs and Pasta in Tomato Sauce  Pizza
Side dishes	Jacket Potato with Tuna Mayo White Rice Baguette Chunk Fresh Broccoli Carrots	Jacket Potato with Cheese Boiled Potatoes Baguette Chunk Mushy Peas or Peas Mixed Salad with Carrot	Jacket Potato with Veggie Mince & Gravy Halal Chicken Organic Mashed Potato Yorkshire Pudding Vegetable Medley	Jacket Potato with Beans & Cheese Diced Potatoes Baked Beans Green Beans	Oven Chips Mixed Salad Sweetcorn
Dessert	Angel Delight Fresh Fruit Salad	Oaty Cookies Fresh Fruit Salad	Butterscotch Tart Fresh Fruit Salad	Lemon Drizzle Cake & Custard Fresh Fruit Salad	Chocolate Fudge Pudding Fresh Custard Fresh Fruit Salad



For our silver food for life, we use Organic Eggs, Organic Pasta and Organic Potatoes. Over 75% of our dishes are home produced from fresh ingredients. All our meat is British Red Tractor and our fish MCS/MCS accredited.

Menu may be subject to change



Dunkirk Primary

Week 2 2018

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all Schools.

✓ = Vegetarian



Date:

12th November, 10th December, 21st
Januarv. 25th Februarv. 25th March

Monday

Tuesday

Wednesday

Thursday

Friday

Main

BBQ Chicken

Fish Finger

Roast Gammon
With Gravy

Beef Lasagne

Chicken Curry

✓ Pasta with Tomato &
Basil Sauce

✓ Quorn Fajitas

✓ Quorn Roast
With Gravy

✓ Veggie Cottage Pie

✓ Cheese & Tomato
Pizza

Jacket Potato with Beans

Jacket Potato with Tuna
Mayo

Jacket Potato with Quorn
Mince & Gravy

Jacket Potato with Beans
& Cheese

Jacket Potato with
Cheese

Side dishes

Wholemeal Baguette Slices
Rice

Boiled Potatoes

Organic Roast Potatoes
Pineapple

Wholemeal Baguette
Slices

Rice
Chips

Carrots
Fresh Broccoli

Mixed Salad
Peas

Vegetable Medley

Baked Beans
Carrots

Mixed Salad
Sweetcorn

Dessert

Chocolate Crunchies

Flapjack

Chocolate & Beetroot
Muffin

Oaty Cookies

Apple Crumble

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



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Dunkirk Primary

Week 3 2018

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Date:

19th November, 17th December, 28th January, 4th March, 1st April



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Jerk Chicken

✓ Quorn Chilli

Jacket Potato with Tuna Mayo

Rice & Peas

Mixed Salad
Sweetcorn

Oaty Cookie Milk

Fresh Fruit Salad

Salmon Fishcake & Parsley Sauce

✓ Tomato & Basil Pasta

Jacket Potato with Baked Beans

Boiled Potatoes
Baguette Chunk

Mushy Peas or Peas

Apple Muffin Milk

Fresh Fruit Salad

Roast Pork With Gravy

✓ Quorn or Linda McCartney Sausage With Gravy

Jacket Potato with Veggie Mince & Gravy

Halal Chicken

Yorkshire Pudding
Organic Boiled/Mashed Potato

Vegetable Medley

Ice Cream & Fruit Salad

Fresh Fruit Salad

Sausage

✓ Cheese Snack

Jacket Potato with Beans & Cheese

Mashed Potatoes

Baked Beans

Chocolate & Pear Sponge & Chocolate Custard

Fresh Fruit Salad

✓ Assorted Pizza Or Panini

Jacket Potato with Cheese

Oven Chips

Mixed Salad
Carrots

Iced Mandarin Sponge

Fresh Fruit Salad

Side dishes

Dessert

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Dunkirk Primary

Week 4 2018

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Date:

26th November, 7th January, 4th February, 11th March



Monday

Tuesday

Wednesday

Thursday

Friday

Main

All Day Breakfast

✓ Veggie All Day Breakfast

Jacket Potato with Beans

Salmon Nibbles

✓ Quorn Vegetable Paella

Jacket Potato with Tuna Mayo

Roast Turkey With Stuffing & Gravy

✓ Quorn Roast With Gravy

Jacket Potato with Veggie Mince & Gravy

Halal Chicken

Beef Spaghetti Bolognese

✓ Vegetable Curry

Jacket Potato with Tuna Mayo

✓ Cheese & Tomato Pizza

Jacket Potato with Cheese

Side dishes

Bread & Butter

Baked Beans

Boiled Potatoes

Mushy Peas or Peas Green Beans

Organic Roast Potatoes Gravy

Vegetable Medley

White Rice

Sweetcorn Carrots Flatbread

Oven Chips

Green Beans Sweetcorn

Dessert

Buffalo Sponge (Chocolate Sponge)

Fresh Fruit Salad

Shortbread Cookie Milk

Fresh Fruit Salad

Angel Delight

Fresh Fruit Salad

Cornflake Tart

Fresh Fruit Salad

Apple Crumble

Fresh Fruit Salad

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