

# Dunkirk Highfields

Week 1 2018

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all Schools.

✓ = Vegetarian



Date:

16<sup>th</sup> April, 14<sup>th</sup> May, 18<sup>th</sup> June, 16<sup>th</sup> July, 3<sup>rd</sup> September, 1<sup>st</sup> October

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Main

Sausage & Gravy

Halal Curry

Roast Beef & Gravy

Chicken Pie & gravy

Battered Salmon Fillet

✓ Veggie Sausage & Gravy

✓ Veggie Bolognese Pasta

✓ Quorn Roast & Gravy

✓ Veggie Cottage Pie

✓ Cheese & Tomato Pizza

Jacket Potato with Baked Beans

Jacket Potato with Cheese

Jacket Potato with Tuna Sweetcorn

Jacket Potato with Quorn chilli

Side dishes

Mashed Potato

Rice  
Homemade Garlic Bread

Organic Roast Potato  
Yorkshire Pudding

Mashed Potato

Oven Chips

Baked Beans  
Green Beans

Mixed Salad  
Sweetcorn

Vegetable Medley  
(Broccoli, Cauliflower,  
green beans)

Broccoli  
Carrots

Peas  
Coleslaw

Dessert

Fruit Sponge & Custard

Jelly & Fruit

Oatmeal Cookie

Fruit Yoghurt

Fruit Muffin  
Milk

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



For our silver food for life, we use Organic Eggs, Organic Pasta and Organic Potatoes. Over 75% of our dishes are home produced from fresh ingredients. All our meat is British Red Tractor and our fish MCS/MCS accredited.

Menu may be subject to change



# Dunkirk Highfields

Week 2 2018

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all Schools.

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Date:

23<sup>rd</sup> April, 21<sup>st</sup> May, 25<sup>th</sup> June, 23<sup>rd</sup> July  
10<sup>th</sup> September, 8<sup>th</sup> October



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Main

BBQ Chicken Fillet

✓ Cheese Flan

Halal Chicken curry

Jacket Potato with Cheese

Beef Lasagne

✓ Veggie Lasagne

Bolognese Pasta

Jacket Potato with Tuna

Roast Gammon With Gravy

✓ Quorn Roast With Gravy

Halal Chicken

Jacket Potato with Halal Mince

Homemade Pork Meatballs with Tomato Sauce

✓ Chick Pea Curry

Jacket Potato with Baked Beans

Fish Finger

✓ Pizza

Jacket Potato with Cheese

Side dishes

Rice  
Boiled Potatoes

Green Beans  
Carrots

Wholemeal Baguette  
Chunks  
Homemade Garlic Bread

Peas  
Sweetcorn

Organic Roast Potatoes  
Pineapple

Vegetable Medley

Pasta  
Rice

Mixed Salad  
Sweetcorn

Oven chips

Peas  
Coleslaw

Dessert

Cornflake Crunchies  
Milk

Fresh Fruit Salad

Cookie & Fruit Wedges

Fresh Fruit Salad

Chocolate Muffin  
Milk

Fresh Fruit Salad

Butterscotch Tart

Fresh Fruit Salad

Ice Cream & Fruit

Fresh Fruit Salad

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# Dunkirk Highfields

Week 3 2018

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Date:

30<sup>th</sup> April, 4<sup>th</sup> June, 2<sup>nd</sup> July  
17<sup>th</sup> September, 15<sup>th</sup> October



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Main

Cajun Chicken  
✓ Tomato & Basil Pasta  
Halal Curry  
Jacket Potato with Tuna Mayo

Salmon Fishcake & Parsley Sauce  
✓ Pasta Bake  
Jacket Potato with Cheese

Roast Beef With Gravy  
✓ Quorn or Linda McCartney Sausage with Gravy  
Halal Chicken  
Jacket Potato with Veggie mince

Homemade Sausage Parcel  
Halal Chicken Parcel  
✓ Jacket Potato with Baked Beans

Pizza  
✓ Tomato & Basil Pasta  
Jacket Potato with Cheese

Side dishes

Rice  
Green Beans  
Carrots

Diced Potatoes  
Mixed Salad  
Sweetcorn

Yorkshire Pudding  
Organic Boiled/Mashed Potato  
Vegetable Medley

Baguette Chunk  
Boiled Potatoes  
Baked Beans  
Sweetcorn

Oven Chips  
Peas  
Coleslaw

Dessert

Ginger Bread Man  
Milk  
Fresh Fruit Salad

Carrot Cake  
Fresh Fruit Salad

Fruit Muffin  
Fresh Fruit Salad

Chocolate & Orange  
Sponge  
Custard  
Fresh Fruit Salad

Chocolate Brownie  
Fresh Fruit Salad

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# Dunkirk Highfields

Week 4 2018

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Date:

7<sup>th</sup> May, 11<sup>th</sup> June, 9<sup>th</sup> July  
24<sup>th</sup> September



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Main

All Day Breakfast

Tuna Parcel

Roast Turkey  
With Gravy

Spaghetti Bolognese

Fish Fingers

✓ Veggie All Day  
Breakfast

✓ Tomato & Basil Pasta

✓ Quorn Roast  
With Gravy

✓ Veggie Bean Burger in  
a Bun

✓ Cheese & Tomato  
Pizza

Jacket Potato with  
Beans

Jacket Potato with Cheese

Halal chicken

Halal Chicken Curry

Jacket Potato with  
Cheese

Bread & Butter

Diced Potato

Jacket Potato with Veggie  
Mince

Jacket Potato with Tuna  
mayo

Oven Chips

Baked Beans  
Tomatoes

Mixed Salad  
Coleslaw

Vegetable Medley

Baguette Chunk  
Rice

Sweetcorn  
Carrots

Mushy Peas/Peas  
Salad

Side dishes

Dessert

Cornflake Tart &  
Custard

Scone with Jam & Cream

Pear & Ginger Sponge  
Custard

Shortbread Cookie  
Milk

Jelly & Fruit

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

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