

Dunkirk Abbey Primary

Week 1 2018

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all Schools.

✓ = Vegetarian



Date:

16th April, 14th May, 18th June, 16th July
3rd September, 1st October



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Sausage & Gravy

✓ Veggie Sausage & Gravy

Halal Sausage

Jacket Potato with Tuna Mayo

Battered Salmon Fillet

✓ Jacket Potato with Cheese & Beans

Halal Dish

Roast Beef & Gravy

✓ Quorn Roast & Gravy

Halal Chicken

Jacket Potato with Quorn & Bolognaise

Chicken Pie & gravy

✓ Veggie Cottage Pie

Halal Dish

Jacket Potato with Tuna & Sweetcorn

Pizza

✓ Assorted Panini

Jacket Potato with Cottage Cheese

Side dishes

Mashed Potato

Carrots
Green Beans

Organic Diced Potatoes

Mixed Salad
Sweetcorn

Organic Roast Potato
Yorkshire Pudding

Vegetable Medley
(Broccoli, Cauliflower,
green beans)

Mashed Potato

Broccoli
Carrots

Oven Chips

Peas
Coleslaw

Dessert

Fruit Sponge & Custard

Fresh Fruit Salad

Jelly & Fruit

Fresh Fruit Salad

Oatmeal & Raisin Cookie

Fresh Fruit Salad

Lemon Drizzle Cake
Custard

Fresh Fruit Salad

Fruit Muffin
Milk

Fresh Fruit Salad

For our silver food for life, we use Organic Eggs, Organic Pasta and Organic Potatoes. Over 75% of our dishes are home produced from fresh ingredients. All our meat is British Red Tractor and our fish MCS/MCS accredited.

Menu may be subject to change



Dunkirk Abbey Primary Week 2 2018

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all Schools.

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Date:

23rd April, 21st May, 25th June, 23rd July
10th September, 8th October



Monday

Tuesday

Wednesday

Thursday

Friday

Main

BBQ Chicken Fillet

✓ Cheese Flan

Jacket Potato with Tuna Mayo

Lasagne

✓ Vegetable Lasagne

Halal Dish & Rice

Jacket Potato with Cheese

Roast Gammon With Gravy

✓ Quorn Roast With Gravy

Halal Chicken

Jacket Potato with Quorn Bolognese

Homemade Pork Meatballs with Tomato Sauce

✓ Chick Pea Curry

Jacket Potato with Tuna & Sweetcorn

Fish Finger

✓ Pizza

Jacket Potato with Cottage Cheese

Side dishes

Rice
Boiled Potatoes

Green Beans
Carrots

Wholemeal Baguette
Chunks
Homemade Garlic Bread

Baked Beans
Sweetcorn

Organic Roast Potatoes
Pineapple

Vegetable Medley

Pasta
Rice

Mixed Salad
Sweetcorn

Oven chips

Peas
Coleslaw

Dessert

Fruit Sponge & Custard

Fresh Fruit Salad

Cookie & Fruit Wedges

Fresh Fruit Salad

Chocolate Muffin
Milk

Fresh Fruit Salad

Cornflake Tart & Custard

Fresh Fruit Salad

Ice Cream & Fruit

Fresh Fruit Salad


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Dunkirk Abbey Primary Week 3 2018

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 = Vegetarian



Date:

30th April, 4th June, 2nd July
17th September, 15th October



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Cajun Chicken
 Tomato & Basil Pasta

Jacket Potato with Tuna Mayo

Halal Dish


Rice

Green Beans
Carrots

Ginger Bread Man
Milk

Fresh Fruit Salad

Salmon Fish Cake

 Vegetable Curry

Jacket Potato with Cheese & Beans

Halal Dish


Organic Diced Potatoes
Rice

Mixed Salad
Sweetcorn

Butterscotch Tart

Fresh Fruit Salad

Roast Beef
With Gravy

 Quorn or Linda McCartney Sausage with Gravy

Jacket Potato with Quorn Bolognese

Halal Chicken


Yorkshire Pudding
Organic Boiled/Mashed Potato

Vegetable Medley

Fruit Muffin

Fresh Fruit Salad

Homemade Sausage Plait

 Veggie Chilli

Jacket Potato with Tuna & Sweetcorn

Halal Dish & Rice

Baguette Chunk
Boiled Potatoes

Carrots
Sweetcorn

Chocolate & Pear Sponge
Custard

Fresh Fruit Salad

Cheese & Tomato Pizza

 Panini

Jacket Potato with Cottage Cheese

Oven Chips

Peas
Coleslaw

Chocolate Brownie

Fresh Fruit Salad

Side dishes

Dessert

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Menu may be subject to change



Dunkirk Abbey Primary Week 4 2018

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Date:

7th May, 11th June, 9th July
24th September



Monday

Tuesday

Wednesday

Thursday

Friday

Main

All Day Breakfast

✓ Veggie All Day Breakfast

Jacket Potato with Tuna Mayo

Tuna Melt

✓ Cheese & Tomato Snack

Jacket Potato with Cheese

Roast Turkey With Gravy

✓ Quorn Roast With Gravy

Jacket Potato with Quorn Bolognese

Spaghetti Bolognese

✓ Veggie Curry & Rice

Jacket Potato with Tuna Sweetcorn mayo

Fish in Tempura Batter

✓ Pizza

Jacket Potato with Cottage Cheese

Side dishes

Bread & Butter

Baked Beans Tomatoes

Organic Diced Potato

Mixed Salad Coleslaw

Halal Chicken with Gravy

Organic Boiled Potatoes

Vegetable Medley

Baguette Chunk

Sweetcorn Carrots

Oven Chips

Mushy Peas Salad

Dessert

Cornflake Tart & Custard

Fresh Fruit Salad

Scone with Jam & Cream

Fresh Fruit Salad

Pear & Ginger Sponge Custard

Fresh Fruit Salad

Shortbread Cookie Milk

Fresh Fruit Salad

Jelly & Fruit

Fresh Fruit Salad

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