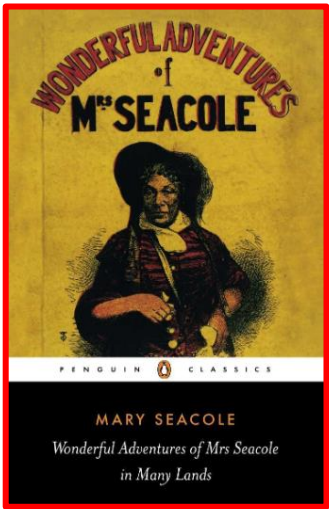
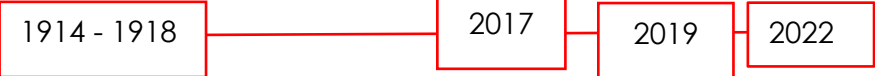
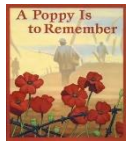


**Year 1 – The extraordinary life of nurses**

**Books that we will focus on:**

			
Rufaida Al-Aslamiyah 620 AD	Mary Seacole 1805-1881 AD	Florence Nightingale 1820-1910 AD	Delilah 'Black Nightingale' 1948



## Year 1 – The extraordinary life of nurses

<u>Word</u>	<u>Definition</u>	<u>Image</u>
source	Objects that give you information about life during that time period.	
autobiography	Someone writing about things that happened in their own life.	
similarity	The way in which people or things that are the same.	
difference	The way in which people or things are not the same.	
chronological order	The order of time that things happened.	
Aerial photograph	A photograph taken from up in the sky e.g. from a plane.	
hospital	A place where sick or hurt people go to get better.	
disease	Illness or sickness	
mobile	An object that can be moved from place to place.	
nurse	Someone who is trained to care for sick and injured people.	
Code of conduct	A written agreement between people.	

### About the world:

- Nursing is a job where you provide care for people who are sick or hurt.
- There have been many famous nurses over the years who have made big changes to the way that medicine is practised.
- Rufaida Al-Aslamiyah ran a busy clinic for her community, especially for orphans, the disabled and poor. She helped prevent sickness by training other women and creating the world's first code of Nursing Conduct.
- Mary Seacole and Florence Nightingale both travelled to a big war to help look after soldiers. The role of nurses and doctors during the Crimean War helped people learn about controlling the spread of infectious diseases.
- Mary Seacole was a skilled medic who helped soldiers by giving them home cooked meals and treating them when they were sick or hurt. She wrote a book about her amazing life which was published in 1857 and has given us lots of information about nursing during this time.
- Florence Nightingale made sure that doctors cleaned their hands before helping patients. She also made sure that the hospital and beds were clean with lots of fresh air and healthy food. Soldiers called her 'The Lady of the Lamp'.
- Over time, hospitals, medicines and the role of nurses has changed a lot. But the main role of nurses has stayed the same – helping to care for others.
- Great Britain now has the NHS, a free service which helps care for the sick and injured. There are now hospitals in every city and most towns.
- Nottingham has 2 hospitals – one is really close to school!
- We now have hospitals and charities which look after animals using similar knowledge that nurses and doctors use.

### Create!

During this topic we will create:


- A healthy fruit salad
- Observational drawings of animals

### Take Action!

During this topic we will learn about the PDSA, RSPCA and RSPB and act! We will take part in a sponsored event to raise money for the PDSA.

## Year 1 – The extraordinary life of nurses

### Project 1



Learn about the types of food which keep us healthy and how to prepare these safely and hygienically.


Compare different kinds of fruit you can buy from the supermarket.

Develop and communicate our ideas by talking and drawing.

Talk about my own product and if I have been successful.

Select from a range of available tools e.g. peelers, graters or knives.

### Project 2



Create observational drawings of local animals using a variety of media.

Create paintings of local wildlife making decisions about the best tools to use. Pupils will make observations of their colour mixing and how this has affected their painting.

Learn about famous artists and sculptures who use animals as their inspiration.

Create 3D sculptures of animals using clay – moulding, pulling, pushing, rolling and pinching.

- Nurses dedicate their time to caring for and being kind to people.
- We will take inspiration from that kindness by working with a charity close to school, the PDSA.
- In 2020 – 21 over half of the UK population owned a domestic pet. Pets are very important to people because they offer companionship, especially to those who live alone and suffer from loneliness.
- Unfortunately, not everyone in the UK shows kindness and care for their pet and animals are sometimes left alone or abandoned without food or shelter.

### Project 3 –Take Action

#### Take care of animals!



We will take part in a sponsored event to raise money for an animal charity.

We will arrange either a visit to the PDSA or for someone from the charity to come and talk to us at school.

- We will learn about the PDSA and the actions they take to care for animals.
- We will apply our learning about nurses and use it to think about how we should care for animals.
- We will be visited by 'Jungle Joe' and she will teach us how to care for different creatures.
- We will raise money and educate our school community on how to care for and show kindness to our local animals.
- We will make bird feeders and plant flowers to support our local wildlife.