



Dunkirk Primary Epi-pen Policy

Adopted by the Governing Body of Dunkirk Primary School:

Approval:	June 26
Review:	June 28
To be reviewed by:	Rachael Bower & Steve Parry
Committee:	SDC & P

Anaphylaxis is a severe and potentially life-threatening reaction to a trigger such as an allergy. It's also known as anaphylactic shock.

Aims of this policy

The aim of this policy is to describe to parents, governors and staff the measures taken by the school to protect those children who may need to receive the administration of an epi-pen. Staff will receive training in school to support them with the administration of epi-pens.

Management of allergies

All children with known allergies that require medical treatment have an Individual Medical Plan stating their allergies and triggers. These plans are kept in the classroom and school offices. Photographs of these children with their triggers and medication are displayed on the staffroom wall and staff are directed to this information.

Our aim is that each child has two epi-pens in school, one that it is kept in the school office (Abbey) First Aid Room (Highfields) and the other kept in the child's classroom. All staff who work with the child should know where the epi-pens are kept in the classroom, so that they can be accessed in an emergency.

If a child attends any school activities either on site or off-site, the class epi-pen will be taken with them, the office / first aid epi-pen should stay in that room except on offsite activities.

Spare epi-pens have been obtained and are kept in the school office (Abbey) and First Aid Room (Highfields). Parents with children who have epi-pens are asked to fill out an online form providing consent for use of spare epi-pens in an emergency. These pens are regularly checked by our Admin team on each site.

Signs of an allergic reaction

Mild/moderate allergic reaction:

- Swollen lips, face or eyes
- Itchy/tingling mouth
- Hives or itchy skin rash
- Abdominal pain or vomiting
- Sudden change in behaviour

Action:

- Stay with the child, call for help if necessary
- Locate adrenaline autoinjector(s)
- Give antihistamine:
- Phone parent/emergency contact
- If vomited, can repeat dose

Watch for signs of ANAPHYLAXIS (life-threatening allergic reaction)

Anaphylaxis may occur without skin symptoms: **ALWAYS** consider anaphylaxis in someone with known food allergy who has **SUDDEN BREATHING DIFFICULTY**

AIRWAY

Persistent cough, hoarse voice, difficulty swallowing, swollen tongue

BREATHING

Difficult or noisy breathing, wheeze or persistent cough

CONSCIOUSNESS

Persistent dizziness, pale or floppy, suddenly sleepy, collapse, unconscious

IF ANY ONE (OR MORE) OF THESE SIGNS ABOVE ARE PRESENT:

1. Lie child flat with legs raised (if breathing is difficult, allow child to sit)



2. Use Adrenaline autoinjector without delay

3. Dial 999 for ambulance and say ANAPHYLAXIS ("ANA-FIL-AX-IS")

***** IF IN DOUBT, GIVE ADRENALINE *****

AFTER GIVING ADRENALINE:

1. Stay with child until ambulance arrives, **do NOT stand child up**
2. Commence CPR if there are no signs of life
3. Phone parent/emergency contact
4. If no improvement **after 5 minutes, give a 2nd adrenaline dose** using a second autoinjector device, if available.

You can dial 999 from any phone, even if there is no credit left on a mobile. Medical observation in hospital is recommended after anaphylaxis.

Symptoms of anaphylaxis

Anaphylaxis usually develops suddenly and gets worse very quickly.

Symptoms include:

- Swelling of your throat and tongue
- Difficulty breathing or breathing very fast
- Difficulty swallowing, tightness in your throat or a hoarse voice
- Wheezing, coughing or noisy breathing
- Feeling tired or confused
- Feeling faint, dizzy or fainting
- Skin that feels cold to the touch
- Blue, grey or pale skin, lips or tongue – if you have brown or black skin, this may be easier to see on the palms of your hands or soles of your feet
- You may also have a rash that's swollen, raised or itchy

<https://www.nhs.uk/conditions/anaphylaxis/>

How to Use EpiPen and EpiPen Jr

EpiPen and EpiPen Jr deliver a dose of epinephrine to reverse the symptoms of a severe allergic reaction that can be life-threatening. The instructions to use them are the same.

1

Hold the EpiPen in your fist with the blue cover pointing up.

BLUE TO THE SKY

ORANGE TO THE THIGH



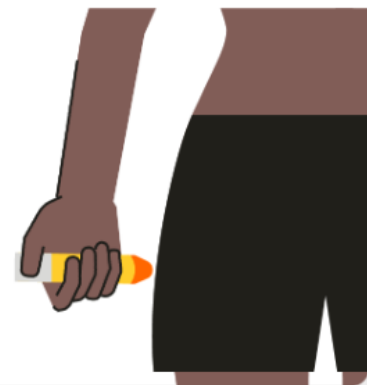
2

Pull the blue cap upwards to remove.



3

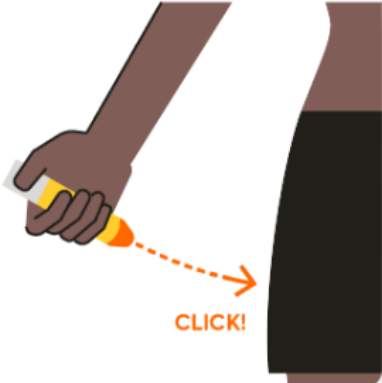
Place orange tip against outer thigh at a 90-degree angle. DON'T press down on the skin yet.*



Dunkirk Primary Epi-pen Policy

4

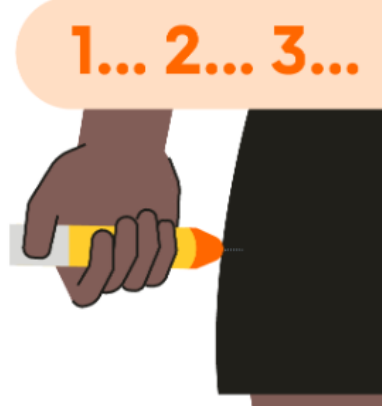
Swing EpiPen away and then push into thigh until you hear a click.



5

Hold in place, and count slowly to three.

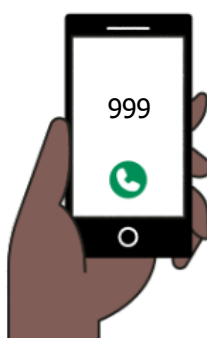
1... 2... 3...



6

Remove EpiPen. Gently massage area for 10 seconds.

Call 999



* You can inject through clothing if needed

+ GoodRx Health